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FUTURES RADIO SHOW EP. 426

**WHAT IT MEANS TO BE A
PROFESSIONAL TRADER**

*With Anthony Crudele, Morad Askar
and Jared Tendler*

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CP **CRUDELE**
PRODUCTIONS

1 Jared Tendler

Mental Game

C-game

Greedy, chasing, sizing too much
 Impatient, FOMO and adding while chasing
 Thinking too much of P&L, potential profits or wanting too much to recover previous losses
 Being tensed, first a little in the chest then the belly and then feeling too much heat in the head
 Freeze, not wanting to get out of a position, even when price action tells me to
 Getting stuck with the loser picks and not trading the good ones when opportunity arises, very angry missing the good picks

B-Game

A slight sense of urgency
 Getting frustrated when I am left out of good picks

 A bit tense and slightly stressed, or a bit too detached and not motivated

 Thinking a bit more about results, focused on RRR.

 A bit tired and bored if trades go sideways

 A bit too excited when I see the trigger and jump in

A-game

Calm and focused

 Alert but not stressed

 Happy to trade but not overexcited

 Clear mind, free from previous results

 In the flow

Tactical Skill

C-game

Failing to get profits at target and add when it pulls back
 Keep adding and exiting at the lows
 Chasing and sizing up too much without a complete trigger
 Failing to get out fast after trigger is invalidated
 Adding more, doubling down after a "new trigger" instead of getting out at bounce
 Slow to accept trade is over and overstay, or try repeatedly

B-Game

Taking profits at targets but failing to get back in pullbacks
 Entering too early, without completion of the trigger
 Going full in when trigger starts to form
 Slow to accept the trade did not work and exit a 1-2 bars too late
 Might retry too soon, without clear trigger

A-game

Taking profits at targets, re-entering at pullbacks
 Waiting for completion of the trigger
 Scaling in progressively as trigger forms
 Fast to enter with the right size
 Let go easily and not chase
 Quick to take profits or bail out if trade does not work, no hesitation

C-Game

Cause:

Mental or emotional flaws caused your emotions to be too intense, or your energy was too low

B-Game

Cause:

A blend of weakness in your tactical decision making and mental or emotional flaws

A-Game

Learning Mistakes

Cause:

Unavoidable weakness in your tactical decision-making

1 Morad Askar



What does it really take to become an Expert Trader?

Futures Radio Show | Jared Tendler | Morad Askar

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